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Message from President



The Sri Lankan Society of Internal Medicine (SLSIM) consists of Consultant Specialists in General Internal Medicine in Sri Lanka which is dedicated to achieve excellence in health care through a holistic approach in the country.

This society was started with 67 founder members in March 2016. We intend to enhance the professional development, promote research, and facilitate the welfare activities of our membership.

As a founder president it is my great pleasure to mention that the SLSIM could take initiatives to achieve our mission through scientific meetings, collaborations, publications and other activities.

Our aim is to bring the role of Specialists in Internal Medicine to be the prime source of knowledge in educating other healthcare workers and the general public. We collaborate with similar associations situated locally and internationally to interchange the knowledge and the skills to provide research and training opportunities to the Physicians.

Dr Wasantha Dissanayake

Inaugural Meeting

The Inaugural Annual General Meeting of the SLSIM was held on 13th of March 2016 at the Hotel Grand Kandy in Kandy with the participation of 67 members from all over the country. Each of these founder member gave a distinctive value to Sri Lankan Society of Internal Medicine (SLSIM).

The formation of the society was a result of a group of Physicians, including Prof. Thilak Jayalath and Dr Wasantha Dissanayaka who emphasized the timely need of an association to overcome obstacles faced by Physicians.

Prof. Thilak Jayalath explained the need of having a distinct vision, mission and a scope in par with similar international associations. The executive committee and 24 council members were elected to represent each district. Full details pertaining to the inaugural meeting and AGM have already been sent to the membership



Figure 1: Founder Members of SLSIM



Figure 2: Founder Council of SLSIM



Figure 3: Speakers at the Inaugural Meeting



Figure 4: Audience at the Inaugural Meeting

“A nation with a premier health services through excellence of Internal Medicine”

“Achieving Excellence in Healthcare through a Holistic Approach”

Constitution was finalized and Sri Lankan society of Internal Medicine was incorporated as 'a company limited by guarantee' having complied with the requirements under the Companies act, No. 7 of 2007 on 10th of November 2016 with the number G A 3263.

Official emails for office, President, Secretary, and editor were formed.



Figure 6: Web Page of SLSIM



Council (2016 – 2017)

President

Dr Wasantha Dissanayake

Vice President

Dr Rohitha Jayamaha

Honorary Joint Secretaries

Dr Suranga Ravinda Manilgama

Dr Nirosha Madhuwanthi Hettiarachchi

Honorary Treasurer

Dr Shamali Abeygunawardana

Editor

Prof. Thilak Jayalath

Council Members representing districts

Dr D.A.R.K. Dayarathna (Ampara)

Dr R. M. S. K. Rathnayake (Anuradhapura)

Dr A. Karunawansa (Badulla)

Dr K. T. Sundaresan (Batticaloa)

Dr N. Dikmadugoda (Colombo)

Dr K.V.C. Janaka (Galle)

Dr U.Gunsekera (Gampaha)

Dr K. Nivunhella (Hambantota)

Dr N. Rajarathnam (Jaffna)

Dr C. Adikari (Kalutara)

Dr K. Jayasinghe (Kandy)

Dr N. Athauda (Kegalle)

Dr G. J. Pradeepan (Kilinochchi)

Dr P. Jayasekara (Kurunegala)

Dr S. Yogasundaram Mannar

Dr U.T. Vidanagama (Matale)

Dr R. Jayasinghe (Matara)

Dr G. Senarathne (Monaragala)

Dr T. Veerasuthen (Mullaitivu)

Dr L. Dias (NuwaraEliya)

Dr S. Indralal (Polonnaruwa)

Dr J. Dalpadadu (Puttalam)

Dr K. D. M. Kumarasinghe (Rathnapura)

Dr A. Kenneth (Trincomalee)

Dr R. Arulchelvam (Vavuniya)

Council (2017 – 2018)

President

Dr Wasantha Dissanayake

Vice President

Dr Rohitha Jayamaha

President elect

Prof Senaka Rajapaksha

Honorary Joint Secretaries

Dr Suranga Ravinda Manilgama

Dr Nirosha Madhuwanthi Hettiarachchi

Honorary Treasurer

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Dr A. Karunawansa (Badulla)

Dr K. T.Sundaresan (Batticaloa)

Dr N. Dikmadugoda (Colombo)

Dr K.V.C. Janaka (Co-opted)

Dr H.M.P.Herath(Galle)

Dr C.Motha(Gampaha)

Dr K. Nivunhella (Hambantota)

Dr N. Rajarathnam (Jaffna)

Dr Upul Dissanayaka(Kalutara)

Dr K. Jayasinghe (Kandy)

Dr N. Athauda (Kegalle)

Dr J.Yudhisdran (Kilinochchi)

Dr P. Jayasekara (Kurunegala)

Dr U.T. Vidanagama (Matale)

Dr Harindra Karunathilake(Matara)

Dr Yapa Udaya Kumara (Monaragala)

Dr K.Sathiamoorthi(Mullaitivu)

Dr L. Dias (Nuwara Eliya)

Dr P.Rajendram(Puttalam)

Dr K. D. M. Kumarasinghe (Rathnapura)

Dr A. Kenneth (Trincomalee)

Dr R. Arulchelvam (Vavuniya)

Dr Priyankara Jayawardena(CCP Representative)

Dr G. Senarathne (Co-opted)



Figure 7: Council (2016 - 2017)

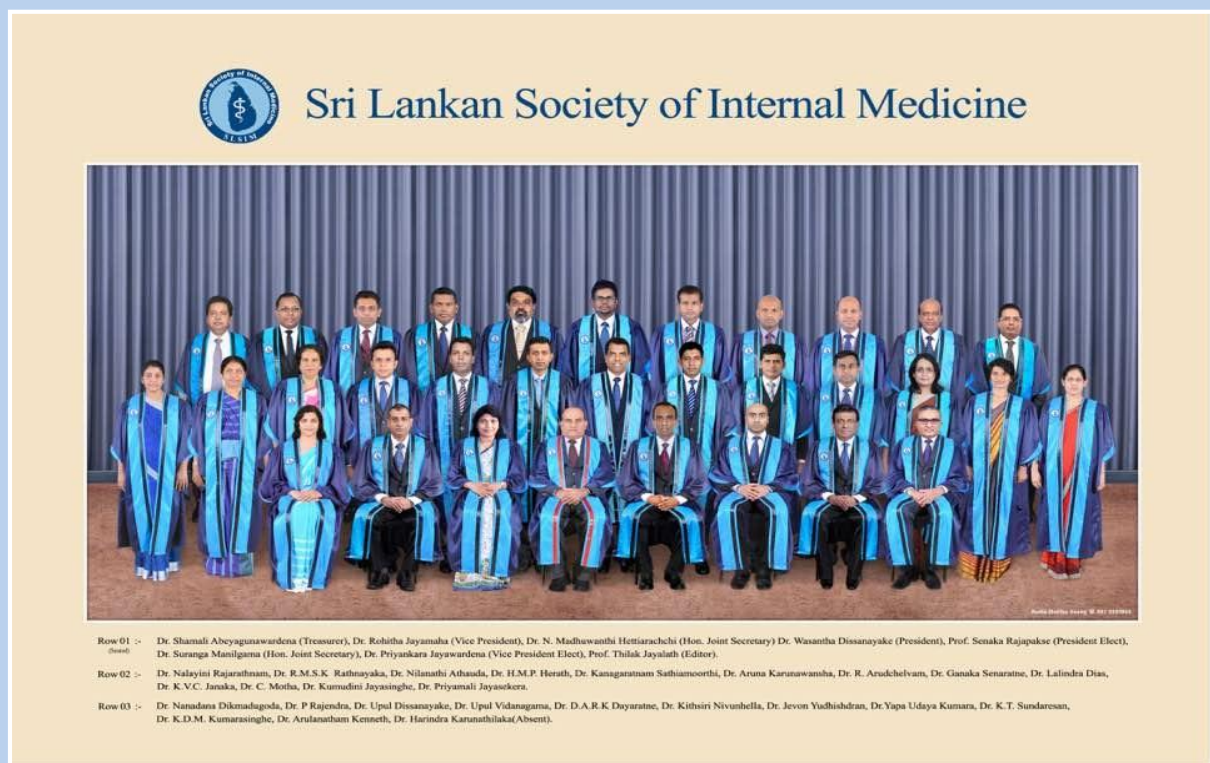


Figure 8: Council (2017- 2018)

Academic programs aimed towards enhancing Continuous Medical Education (CME)

(A) Regional Education Programmes

1) Kandy

The inaugural Regional Education Programme was held at Teaching Hospital Kandy on 15th July 2016. This was well attended with over 140 doctors. Approximately 50% of participants were from regional peripheral hospitals and rest from three teaching hospitals in Kandy. The regional members of SLSIM Contributed to the academic programme.



Figure 9: Lighting Oil Lamp at Kandy REP



Figure 10: Speakers of Kandy REP



Figure 11: Audience at Kandy Educational Programme



Figure 12: Working team at Kandy Educational Programme

2) Kurunegala

The second Regional Education Programme was held successfully at the new Auditorium of T H Kurunegala on the 18th of August 2016 with the collaboration of Kurunegala Clinical Society. There were about 100 participants from Kurunegala region.



Figure 13: Lighting Oil Lamp at Kurunegala REP



Figure 14: Speakers of Kurunegala Educational Programme



Figure 15: Members at Kurunegala Educational Programme



Figure 16: Audience at Kurunegala Educational Programme

2016-2018

3) Jaffna

The Jaffna regional meeting was held on the 22nd of December 2016 at the Medical Students' Hostel Auditorium attended by around 100 participants, mainly Medical officers and Post Graduate trainees in and around the Jaffna Peninsula. Contributions towards the academic programme were made by Regional members of the SLSIM as well as Physicians from University of Jaffna and University of Peradeniya. New interactive session by two physicians was introduced for the first time at this programme.



Figure 17: Speakers of Jaffna REP



Figure 18: Lighting Oil Lamp



Figure 19: Members present at Jaffna Educational Programme

(B) Joint Clinical Meetings

1) Hambantotha with Ceylon Collage of Physicians

It was held at Hambantota on the 2nd and 3rd March 2017. It was a historic event for SLSIM, as CCP officially accepted SLSIM as a sister organization. Academic programme which was attended Just over a hundred doctors was held over two days. The majority of the faculty was Physicians in Internal Medicine representing both CCP and SLSIM. Academic program for nurses was held in Nurses Training School, Hambantota on day two in parallel to the main programme. Over 150 nurses from Southern province attended the program. A social gathering followed by dinner was arranged on the first night with the attendance of consultants from CCP, SLSIM and Hambantota.



Figure 20: Lighting Oil Lamp by two Presidents of SLSIM and SLMA respectively



Figure 21: Speakers of Hambantotha Joint Clinical Meeting



Figure 22: Joint Clinical Meeting with Ceylon Collage of Physicians

2) Anuradhapura with Sri Lanka Medical Association

Joint meeting was held in collaboration with SLMA and Anuradhapura Clinical Society at the new Auditorium, Teaching Hospital, Anuradhapura on 5th of May 2017 with the participation of 75 doctors.



Figure 23: Lighting Oil Lamp



Figure 24: Speakers of Anuradhapura Joint Meeting

C) Regional Dengue Workshop, “Tackling the Killer Disease”

1) Kandy

A Symposium on Dengue was organized by the SLSIM for the Consultant Physicians, Medical Officers and General Practitioners in the Kandy District on 12th August 2016 at Hotel Grand Kandyan in Kandy. There was a Q&A session on the prognosis and clinical management aspect of Dengue patients. The attendance was over 75.



Figure 25: Head table at Kandy Dengue Workshop



Figure 26: Speakers of the Kandy Dengue Workshop

2) Colombo

A workshop on Dengue was organized by the SLSIM for the Consultant Physicians, medical officers and general practitioners in the Colombo District on 09th June 2017 at ClinMARC Auditorium –NHSL Colombo. There was a Questions and Answers session on the clinical management of Dengue patients. The symposium was chaired by Prof. Senaka Rajapakshe and Dr. Pradeep Kumarasinghe. The attendance was over 75.



Figure 27: During Colombo Dengue Workshop

3) Kurunegala

A second Dengue workshop was held at New Auditorium, Teaching Hospital, Kurunegala on 23rd August 2017 with the participation of over 120 doctors. The session was chaired by Dr. M.Jayakody and Dr. Shifa Azher.



Figure 28: During Kurunegala Dengue Workshop

A) Other CME Activities

1) Insulin Workshop

SLSIM along with Kandy General Practitioners' Association has organized a lecture for the General Practitioners in the Kandy District on the topic – Insulin; what is New? by Prof. Thilak Jayalath. It was well attended by a group of over 75 GPs and other doctors.

SLSIM president took this opportunity to introduce the newly formed SLSIM to the Medical Officers and General Practitioners in the Kandy District.

2) Statistics Workshop

Statistics workshop was held on 17th of March 2017 from 9.00 am to 12.00 noon at New Auditorium of TH Kurunegala.

Faculty

Topic	Resource Person
Research in Ethics	Prof. Chandenie Wanigathunga
Research in Methodology	Prof. Tharaka Dassanayake
How to write a Paper	Dr. Veranja Liyanapathirana



Figure 29: Speakers of Statistics Workshop



Figure 30: Audience at the Statistics Workshop

Annual Academic Sessions

A) Inauguration

Inauguration ceremony was successfully held at Hotel Grand Kandyan, Kandy on 31st October 2017 with a participation of 300 invitees.



Figure 31: The Grand Kandyan Hotel

The Chief Guest for the Inaugural Ceremony was Prof. Aru Sudoyo, President of International Society of Internal Medicine. There were two Guests of Honour, Dr A. Muruganathan, Governor of ACP chapter India and Dr Jabir Abdullakutty, Immediate Past President of Internal Medicine CAD.

T. Varagunam oration was delivered by Professor Shanthi Mendis.

The Orator was Professor Shanthi Mendis. She is a Consultant at the Geneva Learning foundation and a visiting Professor in Global Health. She is a Specialist in Internal Medicine,

Cardiology and Global Health. She served WHO as Director and Senior Adviser, Non-Communicable Disease for 20 years. Her oration title was “Accelerated global and national action is required to attain the 2030 Sustainable Development Agenda targets on Non-Communicable Diseases and Universal Health Coverage.”





Figure 32: Chief Guests with President and Editor of SLSIM



Figure 33: Chief Guests with two Joint Secretaries and Editor of SLSIM



Figure 34: Prof. Shanthi Mendis with two Joint Secretaries



Figure 35: Council members with Chief Guests



Figure 36: Carrying mace



Figure 37: Head Table of the Inauguration Ceremony



Figure 38: Singing National Anthem



Figure 39: Lighting Oil Lamp



Figure 40: President's Speech



Figure 41: Speech by Prof. Aru Sudoyo



Figure 42: Speech by Dr. A. Muruganathan



Figure 43: Speech by Dr. Jabir Abdullakutty



Figure 44: Speech by Prof. Shanthi Mendis

A) Academic Days

Faculty of Foreign Speakers

Prof. Aru Wisaksono Sudoyo

Professor of Medicine
Division of Hematology Medical- Oncology
Department of Internal Medicine
Faculty of Medicine
University of Indonesia
Indonesia

Dr. Jabir Abdullakutty

MD DM FSCAI FACC
LISIE HOSPITAL, Cochin
India

Prof. Christine Roffe

MD FRCP FESO
Stroke Physician at the Royal Stoke
University Hospital
Professor of Stroke Medicine at Keele
University
UK

Dr. Vakkat Muraleedharan

MBBS MD MRCP FRCP
Consultant Physician Sherwood Forest
Hospitals
NHS Foundation Trust
UK

Prof. Nithya Gogtay

Professor in the Department of Clinical
Pharmacology
Seth GS Medical College and KEM Hospital
Mumbai Bombay
India

Dr. Kamal Abdul Nasar

MBBS MD FRCP FACE
Consultant Physician in Acute
Medicine/Diabetes and Endocrinology
King's Mill Hospital, Sutton in Ashfield
Nottinghamshire
UK

Faculty of Local Speakers

Prof. Chandanie Wanigathunga

MBBS MD FCCP FRCPE
Professor of Pharmacology
Department of Pharmacology
Faculty of Medical Sciences
University of Sri Jayawardenepura

Prof. Arjuna Medagama

MBBS MD MRCP FRCP FCCP
Professor in Diabetic Medicine
Department of Medicine
Faculty of Medicine
University of Peradeniya

Dr. Damayanthi Idampitiya

MBBS MD MRCP FCCP
National Institute of Infectious Diseases
IDH Gothatuwa

Dr. Upul Dissanayake

MBBS MD FCCP FRCP FRCPE
Consultant Physician
Base Hospital
Panadura

Dr. Panduka Karunanayake

MBBS MD MRCP FRCP FCCP
Department of Clinical Medicine
Faculty of Medicine
University of Colombo

Dr. A.S.Dassanayake

MBBS MD MRCP FRCP FCCP
Faculty of Medicine
University of Kelaniya

Prof. S.A.M.Kularatne

MBBS MD MRCP FRCP FCCP
Senior Professor and the Chair of Medicine
Department of Medicine
Faculty of Medicine
University of Peradeniya

Dr. Nirmala Wijekoon

MBBS MD MRCP FRCP FRCPE FCCP
Senior Lecturer in Pharmacology
Department of Pharmacology
Faculty of Medical Sciences
University of Sri Jayawardenepura

Prof. Senaka Rajapakshe

MBBS MD MRCP FRCP FRCPE FCCP FACP
Professor in Medicine
Department of Clinical Medicine
Faculty of Medicine
University of Colombo

Prof. T.P.Weerathna

MBBS MD FCCP FRCPE FACP
Professor in Medicine
Department of Medicine
Faculty of Medicine
University of Ruhuna

Prof. Sarath Lekamwasam

MBBS MD MRCP FRCP FRCPE FACP
Professor of Medicine
Faculty of Medicine
University of Ruhuna

Dr. Carmeline Motha

Senior Lecturer
Department of Obstetrics and Gynaecology
University of Kelaniya

Dr. Priyankara Jayawardana

MBBS MD DGM MRCP FRCPE FACP FCCP
Consultant Physician
De Soyza Maternity Hospital for Women
Colombo

Prof. Chandrika N.Wijeyaratne

MBBS DM MD FCCP FRCP
Professor in Reproductive Medicine
Department of Obstetrics and Gynaecology
Faculty of Medicine
University of Colombo

Dr. Nandana Dickmadugoda

MBBS MD FCCP FACP
Consultant Physician
Base Hospital
Homagama

Dr. T.Peranantharajah

MBBS MD FRCP
Consultant Physician
Teaching Hospital
Jaffna

Dr. W.K.S.Kularatne

MBBS MD MRCP FCCP FRCP
Consultant Physician
Teaching Hospital
Kandy

Dr. Kapila De Alwis

MBBS MD MRCP FRCPE
Consultant Physician
Base Hospital
Gampola

Dr. Nilanthi Athauda

MBBS MD MRCP FRCPE
Consultant Physician
Base Hospital
Gampola

SLSIM AAS - Academic Program: Day 01 - 01/11/2017

Time	Category	Topic	Resource Person
0800-0845	Plenary 1	Pharmacology for the physician	Prof. Chandanie Wanigatunge
0845-1015	Symposium 1 Advances in Diabetes	Type 2 Diabetes: An update From monotherapy to polytherapy; the unfolding saga of oral diabetes therapy Insulins & GLP-1 agonists in treatment of Diabetes	Dr. V. Muralidharan Prof. Arjuna Medagama Dr. Kamal Naser
1015-1045	Tea Opening of Trade stalls		
1045-1130	Plenary 2	Oncological Emergencies	Dr. Anu Sudoyo
1130-1245	Symposium 2 Infectious Diseases	Emerging viral infections What I learnt from recent Dengue epidemic Melioidosis: a clinicians approach	Dr. Damayanthi Iddampatiya Dr. Upul Dissanayake Dr. Panduka Karunanayake
1245-1345	Lunch		
1345-1430	Plenary 3	How to write a Paper for publication?	Prof. Nithya Gogtay
1430-1515	Plenary 4	NAFLD: Recent advances in pathogenesis & management	Dr. Anuradha S. Dassanayake
1515-1600	Plenary 5	Current reperfusion strategies in STEMI	Dr. Jabir Abdullakutty
1600	Tea		

Figure 45: Agenda of First Academic Day



Figure 47: Registration Table on the first Academic Day



Figure 49: Speakers of the first Academic

SLSIM AAS - Academic Program: Day 02 - 02/11/2017

Time	Category	Topic	Resource Person
0800-0845	Plenary 6	Snake bite: Revisited	Prof. SAM Kularatne
0845-1000	Symposium 3 Hypertension	Management of hypertension: past & the present Hypertensive emergencies Resistant hypertension	Dr. Nirmala Wijckoon Prof. Senaka Rajapakse Prof. T.P. Weeraratne
1000-1030	Tea		
1030-1115	Plenary 7	Osteoporosis: An Update	Prof. Sanath Lakanwasam
1115-1245	Symposium 4 Maternal Medicine	Thyroid Dysfunction in pregnancy Liver Diseases in pregnancy Gestational Diabetes Mellitus Pregnancy induced Hypertension	Dr. Carmeline Motha Dr. Priyanka Jayawardana Prof. Chandrika Wijeratne Dr. Nandana Dilmadugoda
1245-1345	Lunch		
1345-1430	Plenary 8	Chronic Kidney Disease of unknown etiology	Dr. T. Perantharaja
1430-1515	Plenary 9	Stroke Units - Unpacking the Black Box	Prof. Christine Roffe
1515-1600	Clinical Pearls		Dr. Keerthi Kularatne Dr. Kapila De Alwis Dr. Nilanthi Athauda
1600	Tea		

Figure 46: Agenda of Second Academic Day



Figure 48: Poster presentation on the second Academic Day



Figure 50: Speakers of the second Academic Day



Figure 51: Oral Presentations During First Academic Day



Figure 52: Speakers of the second Academic Day



Figure 53: Audience at the first Academic Day



Figure 54: Audience at the second Academic Day



Figure 55: During the first Academic Day

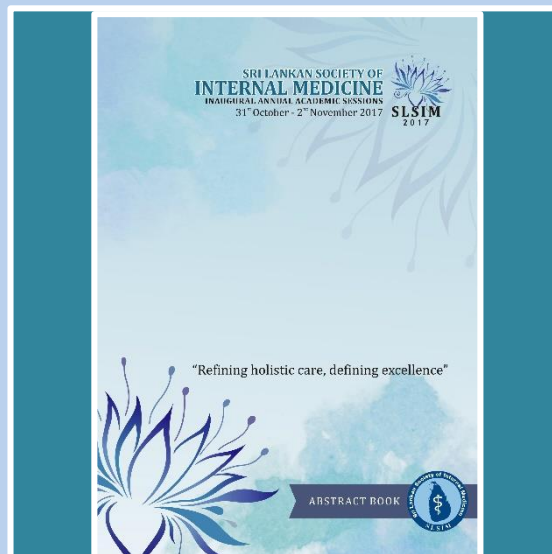


Figure 56: Working Team of first Academic Day



Figure 57: Working team of second Academic Day

B) Pre-Congress

1) Pre-congress workshop 01 – 30/10/2017

Case Based Discussions and Hands on Training in Emergency and Trauma Care.

This was held in New Auditorium, Teaching Hospital, Peradeniya. Registrars in Emergency Medicine, Registrars in General Medicine and medical officers had attended the workshop. Attendance was over 70. Certificates were awarded to the participants and lecturers. Dr. Krishantha Jayasekara and Dr. Ganaka Senarathne helped us to form the academic agenda.

Faculty

Prof. Vasanthi Pinto
Dr. Krishantha Jayasekara
Dr. Manoj Edirisooriya
Dr. Ganaka Senaratne
Dr. Dilshan Priyankara
Dr. Padmakumara Udupamunuwa
Dr. Arosha Abeywickrama
Dr. Dumith Herath
Dr. Udaya Ralapanawa
Dr. Thilak Sirisena



Figure 58: Speakers at the first Pre-Congress



Figure 59: During the first Pre-Congress

02) Pre-congress workshop 02– 30/10/2017

Research Methodology and Statistics.

This was held in Old Auditorium, Teaching Hospital, Peradeniya. Attendance was over 40. Certificates and CPD points were awarded to participants and lecturers. Prof. Thilak Jayalath and Dr. Manoji Pathirage helped to arrange the event.

Faculty

Prof. S.A.M.Kularatne

Prof. Nithya Gogtay



Figure 60: Speakers at the second Pre-congress



Figure 61: Audience at the second Pre-Congress

03) Pre-congress workshop 03 – 31/10/2017

How to pass the MD

Second day of Pre-congress was also held in New Auditorium, Teaching Hospital, Peradeniya. MD trainees from all over the country had attended. The attendance was over 120. Dr. Arosha Dissanayake helped to arrange the academic agenda.

Faculty

Dr. Arosha Dissanayake

Prof. Saman Gunathilake

Prof. Indika Gawarammana

Dr. H.M.M.Herath

Dr. Panduka Karunanayake

Dr. Shamila De Silva

Prof. S.A.M.Kularatne

Prof. Kamani Wanigasuriya

Prof. Chandrika Jayasinghe

Prof. Champika Bodinayake

Prof. Thilak Jayalath

Prof. Anuja Premawardhena



Figure 62: Speakers at third Pre-Congress



Figure 63: During the third Pre-Congress

2) Post Congress

SPSS for Clinicians

It was held in Old Auditorium, Teaching Hospital, Peradeniya. Consultants of different specialties, registrars and medical officers had attended. The attendance was over 30. Certificates and CPD points were awarded to participants. Prof. T. Jayalath helped to arrange the academic agendas.

Faculty

Dr. Masood Jawaid



Figure 64: During the Post Congress SPSS

Abstract Review Committee

Prof. T.P.Weeraratne

Prof. S.A.M. Kularatne

Prof. Chandanie Wanigathunge

Twenty five interesting abstracts were selected for the free paper sessions at AAS.

Award Winners

Best oral presentation was won by **Dr I.K. Jayasinghe** et al for the free paper titled “Are we using statin-therapy according to new cholesterol guidelines in non-diabetics? An observational study carried out at a tertiary medical clinic in the central province, Sri Lanka”.

Best Poster Presentation was won by **Dr. S.R. Manilgama** et al for the free paper titled “A study on referrals received to medical clinic at out patients department (OPD), Teaching Hospital, Kurunegala”

Judges-Oral Presentations

Dr. Jabir Abdullakutty

Dr Panduka Karunanayake

Judges-Poster Presentations

Prof. Indika Gawarammana

Prof. Aru Sudoyo

Prof. Christine Roffe



Figure 65: Best Oral Presentation Winner;
Dr. I.K. Jayasinghe



Figure 66: Best Poster Presentation Winner;
Dr. Suranga Manilgama

Public Awareness Programmes

A) “Mahajana Suwadhana” Public Exhibition

“Mahajana Suwadhana” Public Exhibition was arranged to commemorate the 50th anniversary of Ceylon College of Physicians at Bandaranayake Memorial International Conference Hall (BMICH) from 14th to 16th of July 2017.

Individual colleges and associations were allocated separate stalls and Sri Lankan Society of Internal Medicine did a major contribution to the exhibition.

There were three components of the SLSIM stall. First part described the history and the definition of Internal Medicine. Second part was on Non-Communicable Diseases. Public education was done on NCD under the topics of Hypertension, Diabetes Mellitus, Fatty Liver,

Metabolic Syndrome, Obesity and Dyslipidaemia. The third part was a stall named “Meet Your Physician” where continuous free specialist consultation was provided in all three consecutive days. Over 30 Consultants in Internal Medicine gave their contribution in a roster basis to “Meet Your Physician” stall where public gained immense advantage in solving their health issues.

There were interactive posters, videos, pathological specimens and models of human bodies to educate and illustrate the public. There was a self-operated BMI calculator on board and special advice given according to their BMI category at the “Meet Your Physician” stall.



Figure 67: The SLSIM Stall



Figure 68: With the Minister of Health, Nutrition and Indigenous Medicine



Figure 69: Crowd at the exhibition



Figure 70: During the exhibition

More than 20 medical students and pre-intern doctors gave their immense contribution as demonstrators.

At the opening ceremony of the exhibition, President of SLSIM, Dr. Wasantha Dissanayake presented the Frequently Ask Questions (FAQ) Booklets to Honorable Minister of Health, Nutrition and Indigenous Medicine Dr. Rajitha Senaratne. Minister promised to print the rest of the books for public distribution. Frequently Asked Questions (FAQ) booklets were sold to the public at the exhibition. Each booklet was sold at the price of eighty rupees.



Figure 71: Working Team at the Exhibition

B) FAQ Booklets

Following booklets were printed and sold at the “Mahajana Suwadhana” Exhibition.

- දියවැඩියාව නිවැරදිව හදුනා ගනිමු (සිංහල)
- Understanding the truth of Diabetes (English)

- අධික රුධිර පීඩනය නිවැරදිව හදුනා ගනිමු (සිංහල)
- Understanding the truth of Hypertension (English)
- Understanding the truth of Stroke (English)

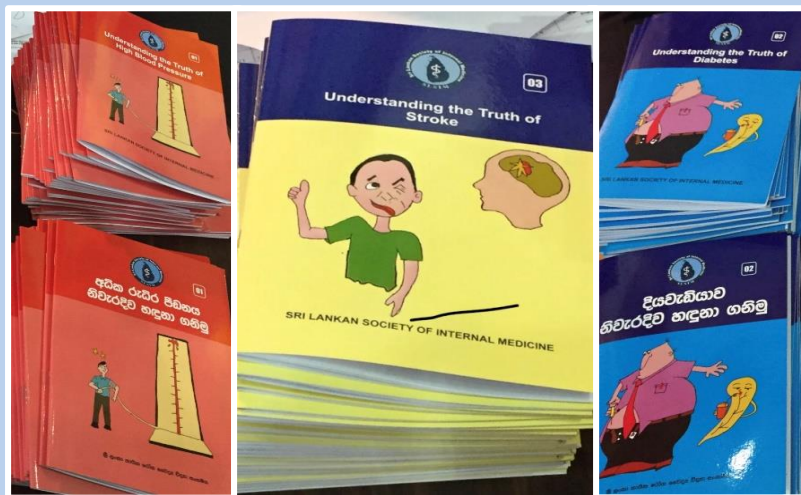


Figure 72: FAQ Books

- 1082 Books were sold at the “Mahajana Suwadhana” Exhibition. The expenditure was covered by society funds.
- Fatty liver disease and Obesity booklet is in the process of finalizing.

The following members are the main contributors in preparing the booklets.

Name of the Booklet		Contributor	Reviewers
1	Hypertension	Dr Suranga Ravinda Manilgama, Dr Priyamali Jayasekera	Dr. Wasantha Dissanayake
2	Stroke	Dr R.M.S.K. Rathnayaka	Prof R.L. Samarasinghe Dr. K.V.C. Janaka
3	Diabetes	Dr Sandeepana Gamage	Prof. Thilak Weeraratne
4	Fatty liver disease, Obesity	Dr N. Madhuwanthi Hettiarachchi, Dr Suranga Ravinda Manilgama	

Liaising with the Ministry

A) Cadre Projection

We initiated the cadre projection proposal during the last year. With the appointment of the new Director General Health Services (DGHS), we had to reintroduce it. During the discussions we highlighted the importance of doubling the end stations.

B) Accident and Emergency Project Proposal

Ministry of Health has prepared a manual for Accident and Emergency care services in 2016. A member of SLSIM pointed out that there is an omission of Consultant Physicians in General Medicine under the category of resource, persons working in

accident and emergency premises. Therefore, we had a special meeting with Deputy Director General of Health – Medical Services II, Dr. Amal Harsha regarding this important issue.

Dr. Amal Harsha accepted that omission is accidental. He realized the importance of General Physicians in the frontline of accident and emergency and agreed to correct the before said with immediate effect.

Accident and Emergency steering committee was appointed with 12 members to discuss the above matter further.

Dr Wasantha Dissanayake	- President (SLSIM) - VP - TH Kandy
Dr Suranga Ravinda Manilgama	- Joint Secretary (SLSIM) - RP - TH Kandy
Dr N. Madhuwanthi.Hettiarachchi	- Joint Secretary (SLSIM) - RP- TH Peradeniya
Dr Manohari Senevirathne	- Chairperson - RP - NHSL
Dr Rohitha Jayamaha	- Vice President (SLSIM) - VP
Dr Priyankara Jayawardana	- RP - DMH
Dr Upul Dissanayake	- RP - NHSL
Dr Ganaka Senaratne	- RP - ETU - TH Karapitiya
Dr Shamitha Dasanayake	- RP - Csth
Dr Sunishka Ponnampereuma	- RP - TH Kandy
Dr Wimalasena Uluwattege	- RP - TH Karapitiya
Dr Krishantha Jayasekara	- VP – BH Balapitiya

C) Proposals for the projects of National NCD Programme

Development of Guideline for screening and treatment of NCD at primary care.

First meeting was on 24/05/2016 followed by several meetings. These were attended by Dr K.V.C. Janaka and Dr Nanadana Dikmadugoda

Preparation of Manual for treatment and screening at primary care in collaboration with College of Endocrinologists. (Several meetings)

Educational textbook development for school children on Diabetes in collaboration with National Institution for Education

Meeting on development of guide line on salt usage at NCD unit

National formulary revision subcommittee meeting on

- a) Antidotes and anti-venom
- b) Glucometers and strips
- c) Drugs used in endocrine system

As a National Policy Non-Communicable Diseases unit of Ministry of Health has been working on guideline development for screening and treatment of non-communicable diseases. SLSIM was represented in those meetings by Dr. K.V.C. Janaka, Dr. Nandana Dickmadugoda and Dr. Sandeepana Gamage.

Dr. Virginie Mallawarachchi, Consultant Community Physician, NCD Unit, Ministry of Health has invited SLSIM to give inputs regarding revision of NCD national multi-sectoral action plan to develop the national guidelines. A team of members was appointed for Obesity, Diabetes and Respiratory diseases.

Development of National Guidelines for Obesity and Diabetes Mellitus

Dr. K.V.C. Janaka

Dr. Suranga Ravinda Manilgama

Dr N. Madhuwanthi Hettiarachchi

International Affairs

A. American College of Physicians

Executive committee could meet the President ACP at the ACP conference held in San Diego 2017.

Since then, we had continuous close email communications with the President of ACP, Prof. Jack Ende. As we planned initially we wanted to get him as the Chief Guest of Inauguration of Annual Academic Session – 2017. Due to unavoidable circumstances, he was not in a position to accept the invitation and he suggested to invite Prof. Aru Sudoyo, President International Society of Internal Medicine (ISIM). ACP President Prof. Jack Ende initiated the email communication for the invitation and sent his greetings for the Inauguration ceremony in a video message.



Figure 73: Meeting with the President of ACP

B. International Society of Internal Medicine

With the initiation of email communication by the President of ACP, we could contact Secretary General of ISIM, Prof. Hans-Peter Kohler and through him invitation was made to Prof. Aru Sudoyo, President ISIM as the Chief Guest of the Inauguration ceremony of Annual Academic Sessions.

We were granted ISIM membership on 04th of August 2017 by an official letter issued by Secretary General ISIM.



Figure 74: Meeting with the President of ISIM

Multi Centered Researches

Non Communicable Diseases

After Annual Academic Sessions, Prof. Shanthi Mendis orator of T. Varagunam oration suggested to initiate a research project with the help of SLSIM members in collaboration with WHO.

Research interest was “Primary care and Hospital strategies to reduce avoidable NCD hospitalizations an improve equity of care”.

Team of Physicians had the initial discussion on 1st of November 2017 at Hotel Grand Kandyan from 11.00 am to 1.00 pm.



Figure 75: Prof. Shanthi Mendis



Figure 76: During the discussion

Research Committee

- Prof. Shanthi Mendis
- Dr. Wasantha Dissanayake
- Prof. T.Jayalath
- Dr. Suranga Ravinda Manilgama
- Dr. N. Madhuwanthi Hettiarachchi
- Prof. Sudheera Kalupahana
- Dr. Sampath Thennakoon
- Dr. K.V.C. Janaka
- Dr. Kumudini Jayasinghe
- Dr. Shamali Abeyagunawardana
- Dr. Shamitha Dassanayake
- Dr. R.M.S.K. Rathnayake
- Dr. K.T. Sundarasan
- Dr. Kapila De Alwis
- Dr. Priyamali Jayasekara
- Dr. Lalindra Dias
- Dr. Ganaka Senaratne
- Dr. Aruna Karunawansa



Figure 77: Research Committee

Membership Status

Founder members – 67

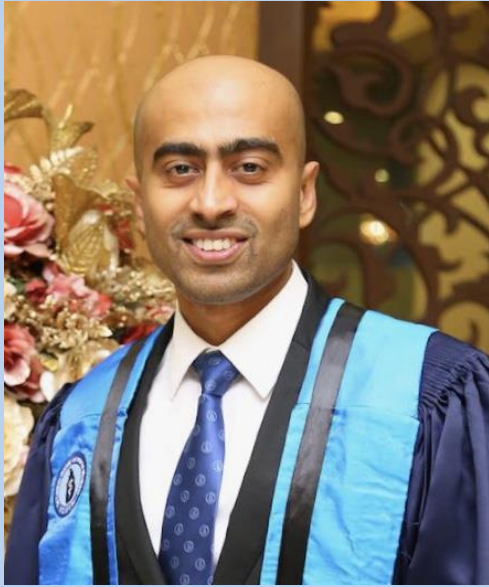
Membership as at 31st of January 2018

Life members - 152

Associate members - 19

Total Members - 171

Message from Two Joint Secretaries



On March 13th 2016 over 60 specialists in Internal Medicine from all parts of Sri Lanka gathered in Kandy to form the Sri Lankan Society of Internal Medicine. Although, the specialty of Internal Medicine was in existence in Sri Lanka for many decades there was no society exclusively devoted to the interest of specialists in Internal Medicine. This society is rapidly growing with new members both within and outside the country joining with great interest. The society wishes to bring all Internal Medicine specialists in the country under one umbrella and work for the betterment of the practitioners of this specialty, ultimately benefitting many patients under their care in Sri Lanka.

It was an enormous challenge we faced at the initial stages, to build the society from scratches to what it is today. We hope we achieved that at the end of two years by giving a countrywide and world recognition.

We were indeed fortunate to be the two founder Joint Secretaries of SLSIM. At the end of two years of fruitful tenure we would like to extend our deep appreciation to the executive committee for their unwavering support. We are ever so grateful to our council members and all the members of SLSIM who have joined their hands in unity with us to grace our mission and vision. We are honored if we were able to achieve something to uplift the field of Internal medicine. Let us keep the momentum to achieve that common goal with the newly appointed council. We wish them all the best for the new tenure.

Dr Suranga Manilgama

Dr (Mrs) Madhuwanthi Hettiarachchi