



# UPDATE ON DIABETES MELLITUS



Organized by

**Sri Lankan Society of Internal Medicine (SLSIM)**

In Collaboration with

**Batticaloa Medical Association**

**Date** : 6<sup>th</sup> February 2019  
**Time** : 08.30 am-12.00 noon  
**Venue** : School of Nursing Auditorium, Teaching Hospital Batticaloa

**Agenda** :

- 08.30 – 08.45** **Welcome speech**  
Dr Ramesh Ramanathan  
Consultant Physician,  
BH Kalmunai North.
- 08.45 – 09.30** **Diabetes is a hidden epidemic**  
Prof Indika Gawarammana  
Consultant Physician,  
Faculty of Medicine, University of Peradeniya.
- 09.30 - 10.00** **Tailoring Diabetes management**  
Dr M. Murugamoorthy  
Consultant Physician,  
TH Batticaloa.
- 10.00 - 10.15** **Tea break**
- 10.15 - 10.30** **Overview of follow-up management**  
Dr K. Arulmoly  
Consultant Physician,  
Faculty of Health Care Sciences, Eastern University of Sri Lanka.
- 10.30 - 11.00** **Diabetes and diet**  
Dr K. T. Sundaresan  
Consultant Physician,  
Faculty of Health Care Sciences, Eastern University of Sri Lanka.
- 11.00 - 11.15** **Initiation of insulin in Type 2 DM**  
Dr Umakanth Maheshwaran  
Consultant Physician,  
Faculty of Health Care Sciences, Eastern University of Sri Lanka.
- 11.15 - 12.00** **Newer drugs for Diabetes**  
Prof Thilak Weeraratna  
Consultant Physician,  
Faculty of Medicine, University of Ruhuna.
- 12.00** **Vote of thanks followed by Lunch**

**All are welcome!**