



SIMCON 2025 Colombo

14TH - 16TH NOVEMBER 2025
SHANGRI-LA | COLOMBO



IN ASSOCIATION WITH



DAY 1 - SATURDAY, 15TH NOVEMBER 2025

07.30 – 08.30	HOW TO PASS MD - SESSION 1 LONG CASES Prof Champica Bodinayake	
	SHORT CASES Dr V Sujanitha	
08.30 – 09.00	KEYNOTE ADDRESS FROM THE FRONT DOOR TO THE WARD: DIFFERENTIATING ACUTE AND EMERGENCY MEDICINE Dr (Mrs) Aruna Maharaj	
09.00 – 09.30	MEET THE EXPERTS 1 OSTEOPOROSIS UNCOVERED: CHALLENGES IN DIAGNOSIS AND TREATMENT Prof Sarath Lekamwasam	
09.30 – 10.45	SYMPOSIUM 1 - BRIDGING THE GOLDEN HOUR AND BEYOND STORMS IN THE LIVER: NAVIGATING ACUTE ON CHRONIC LIVER FAILURE Dr Channa Jayasekera	
	THE EVOLVING LANDSCAPE OF ACS MANAGEMENT Dr Upul Wickramarachchi	
	FROM SUBTLE SIGNS TO SAVING LIVES: A PHYSICIAN'S GUIDE TO EARLY DETECTION Dr Ganaka Senaratne	
10.45 – 11.15	TEA	
11.15 – 11.45	PLENARY 1 WORDS THAT HEAL: EMPOWERING PATIENTS AND PEERS THROUGH EFFECTIVE COMMUNICATION Prof Arosha Dissanayake	
11.45 – 13.00	SYMPOSIUM 2 MULTISPECIALTY APPROACH TO COMMON CLINICAL PROBLEMS RECLAIMING BREATH - NEW LIFE INTO COPD MANAGEMENT Dr Amila Rathnapala	
	FROM SYMPTOM TO DIAGNOSIS: A SYSTEMATIC APPROACH TO HEADACHE EVALUATION Prof Thashi Chang	
	DECODING BACK PAIN: A CLINICIAN'S ROADMAP FROM ASSESSMENT TO ACTION Dr Duminda Munidasa	
13.00 – 14.00	LUNCH	
14.00 – 14.30	MEET THE EXPERTS 2 UNDERSTANDING HFpEF : NEW INSIGHTS INTO A GROWING CHALLENGE Dr Jitendra Barnecha	
14.30 – 15.00	PLENARY 2 BEYOND THE OVARY: UNDERSTANDING PCOS AS A SYSTEMIC DISEASE Prof Chandrika Wijeratne	
15.00 – 16.15	SYMPOSIUM 3 ENHANCING NCD CARE ACROSS THE CONTINUUM INDIVIDUALIZING GLYCEMIC GOALS AND THERAPY IN TYPE 2 DIABETES Prof Thilak Weeraratne	
	OBESITY-THE WEIGHT OF THE EPIDEMIC Dr David Chascsa	
	ADVANCING REPERFUSION STRATEGIES IN STROKE-BEYOND CONVENTIONAL WINDOW Dr Tamra I Ranasinghe	
16.15 – 16.45	PLENARY 3 ENHANCING NCD CARE ACROSS THE CONTINUUM STONES, BONES AND METABOLIC SYNDROME: ROLE OF THE INTERNIST Prof Virginia Hood	
16.45 – 17.45	HOW TO PASS MD - SESSION 2 MANAGEMENT OF CHRONIC DISEASES Dr Barana Millawaitharana	
	CLINICAL TRIALS Prof Prasad Katulanda	
	ETHICS Prof Shyamali Abeygunawardena	



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DAY 2 - SUNDAY, 16TH NOVEMBER 2025

07.30 – 08.30	HOW TO PASS MD - SESSION 3 COMMUNICATION Prof Shamila De Silva OBSERVED HISTORY TAKING Prof Udaya Ralapanawa	 
08.30 – 09.30	YOUNG INTERNISTS' LENS INTERACTIVE CASE-BASED DISCUSSION Prof Chamara Dalugama Dr Pamuditha Madanayake	
09.30 – 10.45	SYMPOSIUM 4 TOXINS AND BITES - FROM EXPOSURE TO RECOVERY CONTROVERSIES IN SNAKEBITE MANAGEMENT: NAVIGATING THE GRAY AREAS Prof Anjana de Silva CRISIS INTERVENTION: ACUTE MANAGEMENT OF PSYCHOACTIVE SUBSTANCE MISUSE Prof Indika Gawarammana BEYOND DETOX - INTEGRATING ADDICTION MANAGEMENT TO MEDICAL PRACTICE Dr Kapila Marambage	  
10.45 – 11.15	TEA	
11.15 – 11.45	PLENARY 4 TAILORED TO HEAL: NEW ERA OF INDIVIDUALISED MEDICINE Prof Chandanie Wanigatunga	
11.45 – 12.15	MEET THE EXPERTS 3 EVALUATION OF FOOD ALLERGIES: FROM CLINICAL SUSPICION TO CONFIRMED DIAGNOSIS Prof Neelika Malavige	
12.15 – 13.30	GLOBAL FORUM UNMASKING MELIOIDOSIS Prof Jyotirmoy Pal NOVEL THERAPEUTICS IN DIABETES Prof Ratnamani Gajurel AI IN HEALTHCARE-APPLICATIONS IN THE SOUTH ASIAN CONTEXT Prof Shohail Arafat	  
13.30 – 14.30	LUNCH	
14.30 – 15.45	SYMPOSIUM 5 DEFEATING INFECTIONS RESPONSIBLY THE ROLE OF MICROBIOLOGICAL INVESTIGATIONS IN TARGETED THERAPY Dr Mahen Kothalawala PRESCRIBE WITH PURPOSE: THE PHYSICIANS' ROLE IN ANTIMICROBIAL STEWARDSHIP Professor Andrew Seaton SEPSIS 2025-EVOLVING INSIGHTS, EMERGING INTERVENTIONS Dr Jitendra Barmecha	  
15.45 – 16.15	VETERAN'S FILE ANECDOTAL REFLECTIONS BY A VETERAN PHYSICIAN Dr Kolitha Sellahewa	
16.15 – 16.45	SIMCON QUIZ Dr Ushani Wariyapperuma Dr Dilshan Perera	
16.45 – 17.00	SIMCON AWARDS/CONCLUDING REMARKS	