



SIMCON 2025 Colombo

14TH - 16TH NOVEMBER 2025
SHANGRI-LA | COLOMBO

DAY 2 - SUNDAY, 16TH NOVEMBER 2025

07.30 - 08.30	HOW TO PASS MD - SESSION 3 COMMUNICATION Prof Shamila De Silva	
08.30 - 09.30	OBSERVED HISTORY TAKING Prof Udaya Ralapanawa	
08.30 - 09.30	YOUNG INTERNISTS' LENS INTERACTIVE CASE-BASED DISCUSSION Prof Chamara Dalugama Dr Pamuditha Madanayake	
09.30 - 10.45	SYMPOSIUM 4 TOXINS AND BITES - FROM EXPOSURE TO RECOVERY CONTROVERSIES IN SNAKEBITE MANAGEMENT: NAVIGATING THE GRAY AREAS Prof Anjana Silva	
	CRISIS INTERVENTION: ACUTE MANAGEMENT OF PSYCHOACTIVE SUBSTANCE MISUSE Prof Indika Gawarammana	
	BEYOND DETOX - INTEGRATING ADDICTION MANAGEMENT TO MEDICAL PRACTICE Dr Kapila Marambage	
10.45 - 11.15	TEA	
11.15 - 11.45	PLENARY 4 TAILORED TO HEAL: NEW ERA OF INDIVIDUALISED MEDICINE Prof Chandanie Wanigatunga	
11.45 - 12.15	MEET THE EXPERTS 3 EVALUATION OF FOOD ALLERGIES: FROM CLINICAL SUSPICION TO CONFIRMED DIAGNOSIS Prof Neelika Malavige	
12.15 - 13.30	GLOBAL FORUM UNMASKING MELIROIDOSIS Dr Amit Saraf	
	NOVEL THERAPEUTICS IN DIABETES Prof Ratnamani Gajurel	
	AI IN HEALTHCARE-APPLICATIONS IN THE SOUTH ASIAN CONTEXT Prof Shohaef Arafat	
13.30 - 14.30	LUNCH	
14.30 - 15.45	SYMPOSIUM 5 DEFEATING INFECTIONS RESPONSIBLY THE ROLE OF MICROBIOLOGICAL INVESTIGATIONS IN TARGETED THERAPY Dr Mahen Kothalawala	
	PRESCRIBE WITH PURPOSE: THE PHYSICIANS' ROLE IN ANTIMICROBIAL STEWARDSHIP Professor Andrew Seaton	
	SEPSIS 2025-EVOLVING INSIGHTS, EMERGING INTERVENTIONS Dr Jitendra Barmecha	
15.45 - 16.15	VETERAN'S FILE ANECDOTAL REFLECTIONS BY A VETERAN PHYSICIAN Dr Kolitha Sellaheewa	
16.15 - 16.45	SIMCON QUIZ Dr Ushani Wariyapperuma Dr Dilshan Perera	
16.45 - 17.00	SIMCON AWARDS/CONCLUDING REMARKS	



DAY 1 - SATURDAY, 15TH NOVEMBER 2025

07.30 - 08.30	HOW TO PASS MD - SESSION 1 LONG CASES Prof Champica Bodinayake	
	SHORT CASES Dr V Sujantha	
08.30 - 09.00	KEYNOTE ADDRESS FROM THE FRONT DOOR TO THE WARD: DIFFERENTIATING ACUTE AND EMERGENCY MEDICINE Dr Aruna Maharaj	
09.00 - 09.30	MEET THE EXPERTS 1 OSTEOPOROSIS UNCOVERED: CHALLENGES IN DIAGNOSIS AND TREATMENT Prof Sarath Lekamwasam	
09.30 - 10.45	SYMPOSIUM 1 - BRIDGING THE GOLDEN HOUR AND BEYOND STORMS IN THE LIVER: NAVIGATING ACUTE ON CHRONIC LIVER FAILURE Dr Channa Jayasekera	
	THE EVOLVING LANDSCAPE OF ACS MANAGEMENT Dr Upul Wickramarachchi	
	FROM SUBTLE SIGNS TO SAVING LIVES: A PHYSICIAN'S GUIDE TO EARLY DETECTION Dr Ganaka Senaratne	
10.45 - 11.15	TEA	
11.15 - 11.45	PLENARY 1 WORDS THAT HEAL: EMPOWERING PATIENTS AND PEERS THROUGH EFFECTIVE COMMUNICATION Prof Arosha Dissanayake	
11.45 - 13.00	SYMPOSIUM 2 MULTISPECIALTY APPROACH TO COMMON CLINICAL PROBLEMS RECLAIMING BREATH - NEW LIFE INTO COPD MANAGEMENT Dr Amila Rathnapala	
	FROM SYMPTOM TO DIAGNOSIS: A SYSTEMATIC APPROACH TO HEADACHE EVALUATION Prof Thashi Chang	
	DECODING BACK PAIN: A CLINICIAN'S ROADMAP FROM ASSESSMENT TO ACTION Dr Duminda Munidasa	
13.00 - 14.00	LUNCH	
14.00 - 14.30	MEET THE EXPERTS 2 UNDERSTANDING HFpEF: NEW INSIGHTS INTO A GROWING CHALLENGE Dr Jitendra Barmecha	
14.30 - 15.00	PLENARY 2 BEYOND THE OVARY: UNDERSTANDING PCOS AS A SYSTEMIC DISEASE Prof Chandrika Wijeratne	
15.00 - 16.15	SYMPOSIUM 3 ENHANCING NCD CARE ACROSS THE CONTINUUM INDIVIDUALIZING GLYCEMIC GOALS AND THERAPY IN TYPE 2 DIABETES Prof Thilak Weeraratne	
	OBESITY-THE WEIGHT OF THE EPIDEMIC Dr David Chascsa	
	ADVANCING REPERFUSION STRATEGIES IN STROKE-BEYOND CONVENTIONAL WINDOW Dr Tamra Ranasinghe	
16.15 - 16.45	PLENARY 3 STONES, BONES AND METABOLIC SYNDROME: ROLE OF THE INTERNIST Prof Virginia Hood	
16.45 - 17.45	HOW TO PASS MD - SESSION 2 MANAGEMENT OF CHRONIC DISEASES Dr Barana Millawithana	
	CLINICAL TRIALS Prof Prasad Katulanda	
	ETHICS Prof Shyamali Abeygunawardena	

SIMCON 2025 - MASTERCLASS TRACKS - THE CONNECT (SHANGRI-LA)

DAY 1 - SATURDAY 15TH NOVEMBER 2025		09.45 - 11.15	BEYOND MEDICATIONS: INTEGRATING NUTRITION AND EXERCISE INTO CLINICAL CARE PERSONALIZED NUTRITION THERAPY: ENHANCING OUTCOMES IN CHRONIC ILLNESS Dr Jayanti Tennakoon	
11.30 - 13.00	EXAMINE WITH CONFIDENCE STRUCTURED APPROACH TO LARGE JOINT EXAMINATION Dr Kalum Deshapriya	TRACK 05	EXERCISE AS A MEDICINE - PRESCRIBING GUIDE TO INTERNISTS Dr Fariz Ahmed	
	NEUROLOGY AT THE BEDSIDE. ENHANCING CLINICAL SKILLS FOR BETTER OUTCOMES Dr Dharshana Sirisena			
14.00 - 15.30	PRESENT TO IMPRESS MASTERING THE ART OF SCIENTIFIC PRESENTATION Prof Thashi Chang	TRACK 02	CLINICAL PEARLS 2 DECODING DIVERSE HEPATIC DISORDERS UNRAVELING ALCOHOL AND DRUG INDUCED LIVER INJURY Dr Channa Jayasekera	
15.45 - 17.15	ADVANCING DIAGNOSTIC PRECISION ECG MASTERCLASS - TACKLING THE TOUGHEST TRACINGS Dr Lalaj Ruchiranga	TRACK 03	NOVEL HORIZONS IN NAFLD MANAGEMENT Dr David M Chascsa	
	ADVANCED BLOOD GAS ANALYSIS - FROM PHYSIOLOGY TO PRACTICE Dr Lasanda Gajaweera		OPTIMISING DIABETES CARE IN PATIENTS WITH LIVER DISEASE Prof Anuradha Dassanayake	
DAY 2 - SUNDAY 16TH NOVEMBER 2025		14.00 - 15.30	NAVIGATING THE PATH FROM ADVANCED TRAINEE TO SPECIALIST PATHWAYS TO SUCCESS: FROM PROFICIENCY EXAMS TO TIPS FOR SUCCESSFUL OVERSEAS TRAINING Dr Vihangi Fernando Dr Nipun Ranaweera	
08.00 - 09.30	CLINICAL PEARLS 1 MASTERING APPROACH TO ACUTE CARE SMART TRIAGE - CLINICAL ALGORITHMS FOR CHEST PAIN, RULE-IN AND RULE-OUT Dr Aruna Maharaj	TRACK 04	PREPARING FOR PRE-BOARD CERTIFICATION ASSESSMENT Prof J Indrakumar	
	NEUROIMAGING IN STROKE 2025- EVOLVING TOOLS FOR ACUTE CARE Dr Tamra Ranasinghe			
	EARLY RECOGNITION AND MANAGEMENT OF INFECTIONS IN THE ED Professor Andrew Seaton			

INAUGURATION CEREMONY

14TH NOVEMBER 2025
SHANGRI-LA - COLOMBO

Welcome Speech : Dr. Krishantha Jayasekare
President SLCIM

Address by the Guest of Honour : Professor Virginia Hood
Emeritus Professor of Medicine,
University of Vermont
President, ISIM

Address by the Chief Guest : Dr. Anil Jasinghe
Secretary,
Ministry of Health, Sri Lanka

SLCIM Book Launch
Launch of SLCIM Digital Platform

SIMCON 2025 Awards

Prof T Varagunam Oration:
Professor H M M Herath

PRE-CONGRESS WORKSHOPS

WORKSHOP 1 11TH OCT 2025

AI for Knowledge Creators: Improving Teaching, Clinical Practice and Academic Writing - for Consultants & Academics

WORKSHOP 2 12TH OCT 2025

Artificial Intelligence: From Research to Clinical Decision-Making - for Postgraduate Trainees & Doctors

WORKSHOP 3 26TH OCT 2025

ReSIM - Respiratory Support in Internal Medicine

WORKSHOP 4 01ST NOV 2025

Case Base Discussion in Acute Medicine: Fostering Multidisciplinary Collaboration

WORKSHOP 5 02ND NOV 2025

PCSIM - Point of Care Sonography in Internal Medicine

WORKSHOP 6 08TH NOV 2025

Heart of Healing : Workshop on Humane Care

FULL REGISTRATION

LOCAL DELEGATES

CATEGORIES	EARLY BIRD ONLINE	ON-SITE
Specialists	Members	LKR 12,000
	Non-members	LKR 15,000
Non-Specialists	PG Trainees	LKR 8,000
	Others	LKR 10,000
Day Registration	Specialists	LKR 10,000
	Non-Specialists	LKR 7,000

FOREIGN DELEGATES

CATEGORIES	
SAARC Countries	USD 125
Non-SAARC Countries	USD 150



REGISTRATION

Scan the QR code or visit
<https://slcim.lk/simcon-2025-registration/>