

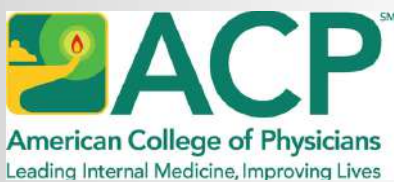


SIMCON

2026 Colombo

05th - 07th NOVEMBER 2026
SHANGRI-LA HOTEL | COLOMBO

IN ASSOCIATION
WITH



INAUGURATION CEREMONY

05th NOVEMBER 2026
SHANGRI-LA - COLOMBO

Welcome Speech : **Dr N. Madhuwanthi Hettiarachchi**
President SLCIM

Address by the Guest of Honour : **Professor Mark Strachan**
Consultant in Diabetes and Endocrinology
President RCPE

Address by the Chief Guest : **Dr Sarath Gunapala**
Solid-State Physicist
Senior Research Scientist,
NASA's Jet Propulsion Laboratory

SLCIM Book Launch

SIMCON 2026 Awards

WORKSHOP 1 23rd Aug 2026

Agentic AI for Healthcare Workflow
Dr Vaikunthan Rajaratnam

WORKSHOP 2 23rd Sep 2026

Systematic Reviews Made Simple: From Protocol to Publication

WORKSHOP 3 27th Sep 2026

ReSIM - Respiratory Support in Internal Medicine

WORKSHOP 4 01st Oct 2026

THE NURSES' CONNECT 2026 - Acute Emergencies and NCD Care

WORKSHOP 5 01st Oct 2026

PCSIM - Point of Care Sonography in Internal Medicine

WORKSHOP 6 23rd Oct 2026

Clinical Crossroads: Diagnostic Pitfalls and Management Dilemmas

WORKSHOP 7 23rd Oct 2026

Humane Care

WORKSHOP 8 24th Oct 2026

Cook Smart, Move Strong: Practical Skills for Better Health

WORKSHOP 9 04th Nov 2026

How to Reduce Cardiovascular, Renal and Metabolic Complications Beyond Lowering HbA1c
in collaboration with RSSDI

WORKSHOP 10 10th Nov 2026

Post Congress:
Military Medical Connect 2026

LOCAL DELEGATES

CATEGORIES		EARLY BIRD (Until 7 th October 2026)	ON-SITE
Specialists	Members	Rs. 12,000	Rs. 16,000
	Non-members	Rs. 15,000	Rs. 20,000
Non-Specialists (PG Trainees & Other doctors)		Rs. 10,000	Rs. 15,000
Day Registration	Specialist	Rs. 12,000	
	Non-Specialist	Rs. 8,000	

FOREIGN DELEGATES

CATEGORIES		
SAARC Countries		USD 200
Non-SAARC Countries		USD 225



REGISTRATION

Scan the QR code or visit
<https://slcim.lk/simcon-2026-registration/>

DAY 1 - 06th NOVEMBER 2026

7:00 am - 8:00 am	How to pass MD Theory Part II Professor Nilanka Perera Professor Manoji Pathirage	
8:00am - 8:30 am	Plenary 1 Strengthening Our Approach to Sepsis in 2026 Dr Eileen Barrett	
8:30 am - 9:00 am	Plenary 2 Doctor, Don't Tell the Father That He Has Cancer Professor Panduka Karunanayake	
9:00 am - 9:30 am	Plenary 3 Getting the Diagnosis of Diabetes Right: The Role of C-Peptide and Genetic Testing Professor Mark Strachan	
9:30 am - 10:00 am	Plenary 4 The Obesity Therapeutics Revolution: From Incretins to Multi-Pathway Targets Dr Kalpana Muthusamy	

10:00 am - 10:30 am TEA

10.30 am - 11.45 am	Diabetes Redefined: From Glucose Monitoring to Metabolic Transformation Continuous Glucose Monitoring in Type 2 Diabetes: Current Technology, Recent Evidence, and Expanding Opportunities Dr Jennifer Clark	Global Forum Cardio-Renal Metabolic Syndrome Professor S. Arulraj
	Hospital Management of Diabetes: Evidence, Gaps, and Future Directions Dr Sagar Dugani	H. pylori-Related Peptic Ulcer Disease in Developing Countries Professor Ramila Shrestha
	MASLD and Diabetes - Unravelling the Metabolic Link Professor Anuradha Dassanayake	Updated Management of Lupus Nephritis Professor Shamim Ahmed
11.45 am - 1.00 pm	When Neurology is Treatable Reversible Causes of Dementia Dr Manjula Caldera	The New Viral Landscape: Outbreaks, Threats and Preparedness Arbovirus Professor Neelika Malavige
	CNS Autoimmune-Related Disorders Dr Kogulavadanan Arumathurai	Practicalities in the Care of People with Ebola Dr Eileen Barrett
	Treatable Immune-Mediated Neuropathies Professor Thashi Chang	Hantavirus Dr D. Suresh kumar

1.00 pm - 2.00 pm LUNCH

2.00 pm - 3.00 pm	Bridging Expertise: An MDT Approach 1) TTP Dr Manu Wimalachandra Dr Nandana Dickmadugoda Dr Dileetha Kuruppu 2) An Approach to Back Pain for an Internist Dr Rohitha Jayamaha Dr Duminda Munidasa Mr Sanjeeva Ariyasinghe	Acute Medicine: Decoding Critical Decisions Same blood, new physics: Rethinking Acid-Base at the bedside Dr Anushka Mudalige Stroke: What is New Dr Kogulavadanan Arumathurai Use of Troponin I in Acute Chest Pain Professor J. Indrakumar
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3.00 pm - 4.15 pm	Women's Health: Key Challenges for the Internist Thyroid disease in pregnancy Professor Swati Srivastava Female Sexual Dysfunction Dr Sher Singh Dariya Microvascular Angina in Women Professor Jugal Kishor Sharma	Small Feeds - Updates that Matter Dyslipidaemia Dr Sagar Dugani Non-Dialysis Dependent Chronic Kidney Disease Professor Shamila de Silva Updated Management of Heart Failure Dr Sally Aman Nasution
4.15 pm - 5.15 pm	How to Pass MD Long Case Dr Harindra Karunathilake Short Case Dr Harsha Sathischandra	

DAY 2 - 07th NOVEMBER 2026

7.00 am - 8.00 am	How to pass MD Communication skills Professor Shehan Silva Observed History Taking Dr Barana Millawithana
8.00 am - 9.00 am	Grand Ward Rounds Dr Wimalasiri Uluwattage Professor P. Mayurathan
9.00 am - 9.30 am	Plenary 1 From Lifestyle to Lifeline: Preventing Coronary Artery Disease Dr Sachin T. Dave
9.30 am - 10.00 am	Plenary 2 Medical Management of Cirrhosis Professor Janaka de Silva

10:00 am - 10:30 am TEA

10.30 am - 11.45 am	Meet the Experts - Conundrums in Clinical Toxicology Back to Basics: Managing Toxic Alcohol Poisoning with Biochemistry and Ethanol Professor Andrew Dawson Managing Amphetamine and Opioid Dependence in Practice Dr Sally Fotheringham	Gastroenterology in Focus: Microbes, Inflammation and Acute Care Gut microbiota Professor Arjuna de Silva IBD Dr Hasnain Jafferbhoy UGI bleeding Dr Hasitha Wijewantha
	Paracetamol Poisoning: Clinical Conundrums and Contemporary Updates Dr Emily Sansoni	

11.45 am - 1.00 pm	Beyond Breathlessness: Challenges for the Internists Moderator • Dr Krishantha Jayasekara Panelists • Dr Amila Ratnapala • Dr Chandimani Undugodage	Unmasking systemic disease: Skin, Eyes and Vestibular Clues Reading the skin: cutaneous clues to internal disease Dr Nayani Madarsingha Eye as a Window to Systemic Disease Dr Salvin Karahin Arachchige
	1) ILD Management 2) Lifelong Journey of Living With Chronic Lung Disease, COPD	Vertigo - ENT Dr M.T.D. Lakshan

1.00 pm - 2.00 pm LUNCH

2.00 pm - 3.00 pm	Silent Threats, Evolving Therapies in Endocrinology 1) Advances in Osteoporosis Care: From Current Best Practice to Future Therapies Dr Jad G. Sfeir 2) Low Cortisol, High Stakes: Adrenal Insufficiency Beyond Addison's Dr Diane Donegan
3.00 pm - 3.30 pm	Veteran's File Professor S. A. M. Kularatne
3.30 pm - 4.00 pm	SIMCON Quiz Dr Sahan Mendis and Dr Rakitha Higgoda
4.00 pm - 4.30 pm	Awards & Remarks

