

SRI LANKA COLLEGE OF INTERNAL MEDICINE

A DECADE OF INSPIRATION - A FUTURE OF INNOVATION



SIMCON

2026 Colombo

05TH - 07TH NOVEMBER 2026
SHANGRI-LA HOTEL | COLOMBO



INAUGURATION CEREMONY

05th NOVEMBER 2026
SHANGRI-LA - COLOMBO

- Welcome Address**
Dr N. Madhuwanthi Hettiarachchi
President, SLCIM
- Address by the Special Guest of Honour**
Dr Anil Jasinghe
Secretary, Ministry of Health and Mass Media
- Address by the Guest of Honour**
Professor Mark Strachan
President,
Royal College of Physicians of Edinburgh
- Address by the Chief Guest**
Dr Sarath D. Gunapala
Senior Research Scientist,
NASA Jet Propulsion Laboratory
- SLCIM Book Launch**
- SIMCON 2026 Awards**
- Professor T Varagunam Oration**
- Vote of Thanks**

REGISTRATION

LOCAL DELEGATES

CATEGORIES	EARLY BIRD Until 2 nd Oct 2026	ON-SITE
Members	Rs. 12,000	Rs. 16,000
Specialists		
Non-members	Rs. 15,000	Rs. 20,000
Non-Specialists (PG Trainees & Other doctors)	Rs. 10,000	Rs. 15,000
Day	Specialist	Rs. 12,000
Registration	Non-Specialist	Rs. 8,000

FOREIGN DELEGATES

CATEGORIES	
SAARC Countries	USD 200
Non-SAARC Countries	USD 225

Scan the QR Code or
visit the Link below



<https://slcim.lk/simcon-2026-registration/>

WORKSHOP 1 23rd Aug 2026

Agentic AI for Healthcare Workflow

WORKSHOP 2 23rd Sep 2026

Systematic Reviews Made Simple: From Protocol to Publication

WORKSHOP 3 27th Sep 2026

ReSIM - Respiratory Support in Internal Medicine

WORKSHOP 4 01st Oct 2026

THE NURSES' CONNECT 2026 - Acute Emergencies and NCD Care

WORKSHOP 5 18th Oct 2026

PCSIM - Point of Care Sonography in Internal Medicine

WORKSHOP 6 23rd Oct 2026

Clinical Crossroads: Diagnostic Pitfalls and Management Dilemmas (Morning)

WORKSHOP 7 23rd Oct 2026

Humane Care (Evening)

WORKSHOP 8 24th Oct 2026

Cook Smart, Move Strong: Practical Skills for Better Health

WORKSHOP 9 04th Nov 2026

How to Reduce Cardiovascular, Renal and Metabolic Complications Beyond Lowering HbA1c in collaboration with RSSDI

WORKSHOP 10 10th Nov 2026

Post Congress: Military Medical Connect 2026

DAY 1 - 06th NOVEMBER 2026

7:00 am - 8:00 am	How to Pass MD Theory Part II Professor Nilanka Perera Professor Manoji Pathirage Moderator Dr Dilusha Lamabadusuriya	 
8:00 am - 8:30 am	Plenary 1 Strengthening Our Approach to Sepsis in 2026 Dr Eileen Barrett	
8:30 am - 9:00 am	Plenary 2 Doctor, Don't Tell My Father That He Has Cancer Professor Panduka Karunanayake	
9:00 am - 9:30 am	Keynote Address Getting the Diagnosis of Diabetes Right: The Role of C-Peptide and Genetic Testing Professor Mark Strachan	
9:30 am - 10:00 am	Plenary 3 The Obesity Therapeutics Revolution: From Incretins to Multi-Pathway Targets Dr Kalpana Muthusamy	
10:00 am - 10:30 am	TEA	
10:30 am - 11:45 am	Diabetes Redefined: From Glucose Monitoring to Metabolic Transformation Continuous Glucose Monitoring in Type 2 Diabetes: Current Technology, Recent Evidence, and Expanding Opportunities Dr Jennifer Clark  Hospital Management of Diabetes: Evidence, Gaps, and Future Directions Dr Sagar Dugani  MASLD and Diabetes - Unravelling the Metabolic Link Professor Anuradha Dassanayake 	Global Forum Cardio-Renal Metabolic Syndrome Professor S. Arulraj  Helicobacter Pylori Related Peptic Ulcer Disease in Developing Countries Professor Ramila Shrestha  Updated Management of Lupus Nephritis Professor Shamim Ahmed 
11:45 am - 1:00 pm	Neurology in Focus: From Cognition to Neuropathy Reversible Causes of Dementia Dr Manjula Caldera  CNS Autoimmune-Related Disorders Dr Kogulavadanan Arumathurai  Treatable Immune-Mediated Neuropathies Professor Thashi Chang 	The New Viral Landscape: Outbreaks, Threats and Preparedness Arbovirus Professor Neelika Malavige  Practicalities in the Care of People with Ebola Dr Eileen Barrett  Hantavirus Dr D. Suresh Kumar 
1:00 pm - 2:00 pm	LUNCH	
2:00 pm - 3:00 pm	Bridging Expertise: An MDT Approach TTP Dr Manu Wimalachandra Dr Nandana Dickmadugoda Dr Dileetha Kuruppu An Approach to Back Pain for an Internist Dr Rohitha Jayamaha Dr Duminda Munidasa Mr Sanjeeva Ariyasinghe	Acute Medicine: Decoding Critical Decisions Same Blood, New Physics: Rethinking Acid - Base at the Bedside Dr Anushka Mudalige  Stroke: What is New Dr Kogulavadanan Arumathurai  Use of Troponin I in Acute Chest Pain Professor J. Indrakumar 
3:00 pm - 4:15 pm	Women's Health: Key Challenges for the Internist Thyroid Disease in Pregnancy Professor Swati Srivastava  Female Sexual Dysfunction Dr Sher Singh Dariya  Microvascular Angina in Women Professor Jugul Kishor Sharma 	Small Feeds - Updates that Matter Dyslipidaemia Dr Sagar Dugani  Non-Dialysis Dependent Chronic Kidney Disease Professor Shamila de Silva  Updated Management of Heart Failure Dr Sally Aman Nasution 
4:15 pm - 5:15 pm	How to Pass MD Long Case Short Case Dr Harindra Karunathilake Dr Harsha Sathischandra Moderator Dr Dilshan Perera  	

Parallel Session - Poster Presentations

DAY 2 - 07th NOVEMBER 2026

7:00 am - 8:00 am	How to Pass MD Communication Skills Observed History Taking Professor Shehan Silva Dr Barana Millawithana Moderator - Dr Rochana De Silva	 
8:00 am - 9:00 am	Grand Ward Rounds Dr Wimalasiri Uluwattage Professor P. Mayurathan Moderator - Dr Ushani Wariyapperuma	  
9:00 am - 9:30 am	Plenary 1 From Lifestyle to Lifeline: Preventing Coronary Artery Disease Dr Sachin T. Dave	
9:30 am - 10:00 am	Plenary 2 Medical Management of Cirrhosis Professor Janaka de Silva	
10:00 am - 10:30 am	TEA	
10:30 am - 11:45 am	Meet the Experts - Conundrums in Clinical Toxicology Moderator Professor I Gawarammana  Dr Ravi Jayawardena  Back to Basics: Managing Toxic Alcohol Poisoning with Biochemistry and Ethanol Professor Andrew Dawson  Managing Amphetamine and Opioid Dependence in Practice Dr Sally Fotheringham  Paracetamol Poisoning: Clinical Conundrums and Contemporary Updates Dr Emily Sansoni 	Gastroenterology in Focus: Microbes, Inflammation and Acute Care Gut Microbiota Professor Arjuna de Silva  IBD Dr Hasnain Jafferbhoy  UGI Bleeding Dr Hasitha Wijewantha 
11:45 am - 1:00 pm	Beyond Breathlessness: Challenges for the Internists Moderator Dr Krishantha Jayasekara  Panelists Dr Amila Rathnapala  Dr Chandimani Undugodage 	Unmasking Systemic Disease: Skin, Eyes and Vestibular Clues Reading the Skin: Cutaneous Clues to Internal Disease Dr Nayani Madarasingha  Eye as a Window to Systemic Disease Dr Salvin Karahin Arachchige  Diagnosing and Managing Vestibular Dysfunction Dr M.T.D. Lakshan 
1:00 pm - 2:00 pm	LUNCH	
2:00 pm - 3:00 pm	Clinical Pearls: Silent Threats, Evolving Therapies in Endocrinology Advances in Osteoporosis Care: From Current Best Practice to Future Therapies Dr Jad G. Sfeir  Low Cortisol, High Stakes: Adrenal Insufficiency Beyond Addison's Dr Diane Donegan 	1.30 pm Onwards Oral Presentations
3:00 pm - 3:30 pm	Veteran's File Professor S. A. M. Kularatne 	
3:30 pm - 4:00 pm	SIMCON Quiz Dr Sahan Mendis  Dr Rakitha Higgoda 	
4:00 pm - 4:30 pm	Awards & Remarks	

IN ASSOCIATION WITH



ROYAL COLLEGE
of PHYSICIANS
of EDINBURGH



FOR MORE DETAILS, CONTACT THE SLCIM OFFICE:
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