SRI LANKA COLLEGE OF INTERNAL MEDICINE

A DECADE OF INSPIRATION - A FUTURE OF INNOVATION

SIMCON 2026 Colombo

05TH - 07TH NOVEMBER 2026

SHANGRI-LA HOTEL | COLOMBO



INAUGURATION CEREMONY

05th NOVEMBER 2026
SHANGRI-LA - COLOMBO

- Welcome Address
  Dr N. Madhuwanthi Hettiarachchi
  President, SLCIM
- Address by the Guest of Honour
  Professor Mark Strachan
  President,
  Royal College of Physicians of Edinburgh
- Launch of the SLCIM LMS Portal
- Address by the Chief Guest
  Dr Sarath D. Gunapala
  Senior Research Scientist,
  NASA Jet Propulsion Laboratory
- SLCIM Book Launch
- SIMCON 2026 Awards
- Professor T Varagunam Oration
  Professor Shamila De Silva
  Professor in Medicine, Faculty of Medicine,
  University of Kelaniya
- Vote of Thanks

REGISTRATION

LOCAL DELEGATES

CATEGORIES		EARLY BIRD *Until 21st Oct 2026*	ON-SITE
Specialists	Members	Rs. 12,000	Rs. 16,000
	Non-members	Rs. 15,000	Rs. 20,000
Non-Specialists *(PG Trainees & Other doctors)*		Rs. 10,000	Rs. 15,000
Day Registration	Specialist	Rs. 12,000	
	Non-Specialist	Rs. 8,000	

FOREIGN DELEGATES

CATEGORIES	
SAARC Countries	USD 200
Non-SAARC Countries	USD 225

Scan the QR Code or visit the Link below

https://slcim.lk/simcon-2026-registration/

WORKSHOP 1 — 23rd Aug 2026
Agentic AI for Healthcare Workflow

WORKSHOP 2 — 23rd Sep 2026
Systematic Reviews Made Simple: From Protocol to Publication

WORKSHOP 3 — 27th Sep 2026
ReSIM - Respiratory Support in Internal Medicine

WORKSHOP 4 — 01st Oct 2026
THE NURSES' CONNECT 2026 - Acute Emergencies and NCD Care

WORKSHOP 5 — 18th Oct 2026
PCSIM - Point of Care Sonography in Internal Medicine

WORKSHOP 6 — 23rd Oct 2026
Clinical Crossroads: Diagnostic Pitfalls and Management Dilemmas (Morning)

WORKSHOP 7 — 23rd Oct 2026
Humane Care (Evening)

WORKSHOP 8 — 24th Oct 2026
Cook Smart, Move Strong: Practical Skills for Better Health

WORKSHOP 9 — 04th Nov 2026
How to Reduce Cardiovascular, Renal and Metabolic Complications Beyond Lowering HbA1c *in collaboration with RSSDI*

WORKSHOP 10 — 16th Nov 2026
Post Congress: Military Medical Connect 2026

DAY 1 - 06th NOVEMBER 2026

		Hall A	Hall B
7:00 am - 8:00 am		How to Pass MD **Theory Part II** Professor Nilanka Perera Professor Manoji Pathirage ***Moderator*** Dr Dilusha Lamabadusuriya	
8:00 am - 8:30 am		Plenary 1 **Strengthening Our Approach to Sepsis in 2026** Dr Eileen Barrett	
8:30 am - 9:00 am		Plenary 2 **Doctor, Don't Tell My Father That He Has Cancer** Professor Panduka Karunanayake	
9:00 am - 9:30 am		Keynote Address **Getting the Diagnosis of Diabetes Right: The Role of C-Peptide and Genetic Testing** Professor Mark Strachan	
9:30 am - 10:00 am		Plenary 3 **The Obesity Therapeutics Revolution: From Incretins to Multi-Pathway Targets** Dr Kalpana Muthusamy	
10:00 am - 10:30 am		**TEA**	
10.30 am - 11.45 am	Parallel Session - Poster Presentations	**Diabetes Redefined: From Glucose Monitoring to Metabolic Transformation** **Continuous Glucose Monitoring in Type 2 Diabetes: Current Technology, Recent Evidence, and Expanding Opportunities** Dr Jennifer Clark **Hospital Management of Diabetes: Evidence, Gaps, and Future Directions** Dr Sagar Dugani **MASLD and Diabetes - Unravelling the Metabolic Link** Professor Anuradha Dassanayake	**Global Forum** **Cardio-Renal Metabolic Syndrome** Professor S. Arulrhaj ***Helicobacter Pylori Related*** **Peptic Ulcer Disease in Developing Countries** Professor Ramila Shrestha **Updated Management of Lupus Nephritis** Professor Shamim Ahmed
11.45 am - 1.00 pm		**Neurology in Focus: From Cognition to Neuropathy** **Reversible Causes of Dementia** Dr Manjula Caldera **CNS Autoimmune-Related Disorders** Dr Kogulavadanan Arumaithurai **Treatable Immune-Mediated Neuropathies** Professor Thashi Chang	**The New Viral Landscape: Outbreaks, Threats and Preparedness** **Arbovirus** Professor Neelika Malavige **Practicalities in the Care of People with Ebola** Dr Eileen Barrett **Hantavirus** Dr. Shirisha Pasula
1.00 pm - 2.00 pm		**LUNCH**	
2.00 pm - 3.00 pm		**Bridging Expertise: An MDT Approach** **TTP** Dr Manu Wimalachandra Dr Nandana Dikmadugoda Dr Dileetha Kuruppu **An Approach to Back Pain for an Internist** Dr Rohitha Jayamaha Dr Duminda Munidasa Mr Sanjeewa Ariyasinghe	**Acute Medicine: Decoding Critical Decisions** **Same Blood, New Physics: Rethinking Acid - Base at the Bedside** Dr Anushka Mudalige **Stroke: What is New** Dr Kogulavadanan Arumaithurai **Use of Troponin I in Acute Chest Pain** Professor J. Indrakumar
3.00 pm - 4.15 pm		**Women's Health: Key Challenges for the Internist** **Thyroid Disease in Pregnancy** Professor Swati Srivastava **Female Sexual Dysfunction** Dr Sher Singh Dariya **Microvascular Angina in Women** Professor Jugal Kishor Sharma	**Small Feeds - Updates that Matter** **Dyslipidaemia** Dr Sagar Dugani **Non-Dialysis Dependent Chronic Kidney Disease** Professor Shamila de Silva **Updated Management of Heart Failure** Dr Sally Aman Nasution
4.15 pm - 5.15 pm		How to Pass MD **Long Case** | **Short Case** Dr Harindra Karunathilake Dr Harsha Sathischandra ***Moderator*** Dr Dilshan Perera	

DAY 2 - 07th NOVEMBER 2026

	Hall A	Hall B
7.00 am - 8.00 am	How to Pass MD **Communication Skills** | **Observed History Taking** Professor Shehan Silva Dr Barana Millawithana ***Moderator*** - Dr Rochana De Silva	
8.00 am - 9.00 am	**Grand Ward Rounds** Dr Wimalasiri Uluwattage Professor P. Mayurathan ***Moderator*** - Dr Ushani Wariyapperuma	
9.00 am - 9.30 am	Plenary 1 **From Lifestyle to Lifeline: Preventing Coronary Artery Disease** Dr Sachin T. Dave	
9.30 am - 10.00 am	Plenary 2 **Medical Management of Cirrhosis** Professor Janaka de Silva	
10:00 am - 10:30 am	**TEA**	
10.30 am - 11.45 am	**Meet the Experts - Conundrums in Clinical Toxicology** ***Moderator*** Professor I Gawarammana Dr Ravi Jayawardena **Back to Basics: Managing Toxic Alcohol Poisoning with Biochemistry and Ethanol** Professor Andrew Dawson **Managing Amphetamine and Opioid Dependence in Practice** Dr Sally Fotheringham **Paracetamol Poisoning: Clinical Conundrums and Contemporary Updates** Dr Emily Sansoni	**Gastroenterology in Focus: Microbes, Inflammation and Acute Care** **Gut Microbiota** Professor Arjuna de Silva **IBD** Dr Hasnain Jafferbhoy **UGI Bleeding** Dr Hasitha Wijewantha
11.45 am – 1.00 pm	**Beyond Breathlessness: Challenges for the Internists** ***Moderator*** Dr Krishantha Jayasekara ***Panelists*** Dr Amila Rathnapala Dr Chandimani Undugodage **ILD Management** **Lifelong Journey of Living with Chronic Lung Disease, COPD**	**Unmasking Systemic Disease: Skin, Eyes and Vestibular Clues** **Reading the Skin: Cutaneous Clues to Internal Disease** Dr Nayani Madarasingha **Eye as a Window to Systemic Disease** Dr Salvin Karahin Arachchige **Diagnosing and Managing Vestibular Dysfunction** Dr M.T.D. Lakshan
1.00 pm - 2.00 pm	**LUNCH**	
2.00 pm - 3.00 pm	**Clinical Pearls: Silent Threats, Evolving Therapies in Endocrinology** **Advances in Osteoporosis Care: From Current Best Practice to Future Therapies** Dr Jad G. Sfeir **Low Cortisol, High Stakes: Adrenal Insufficiency Beyond Addison's** Dr Diane Donegan	1.30 pm Onwards **Oral Presentations**
3.00 pm - 3.30 pm	**Veteran's File** Professor S. A. M. Kularatne	
3.30 pm - 4.00 pm	**SIMCON Quiz** Dr Sahan Mendis Dr Rakitha Higgoda	
4.00 pm - 4.30 pm	**Awards & Remarks**	

IN ASSOCIATION WITH

ACP American College of Physicians — Leading Internal Medicine, Improving Lives
ROYAL COLLEGE of PHYSICIANS of EDINBURGH
MAYO CLINIC
isim International Society of Internal Medicine
ASSOCIATION OF PHYSICIANS INDIA
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APB ASSOCIATION OF PHYSICIANS OF BANGLADESH
SOCIETY OF INTERNAL MEDICINE OF NEPAL 1994
RESEARCH SOCIETY FOR THE STUDY OF DIABETES IN INDIA
CEYLON COLLEGE OF PHYSICIANS
Ceylon Medical Association 1940

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