



**SRI LANKA COLLEGE OF INTERNAL MEDICINE**  
Enrich Clinical Competence with Compassionate Care

**REGIONAL MEETING RATNAPURA**

At Teaching Hospital Ratnapura  
In collaboration with Ratnapura Clinical Society



**DOCTORS PROGRAMME - 16<sup>TH</sup> MARCH 2023 | TH Ratnapura Auditorium**

TIME	TOPIC	RESOURCE PERSON
8.30 - 8.45 am	Inauguration ceremony - National anthem, Lighting oil lamp & Welcome speeches Dr Kumudini Jayasinghe President SLCIM	Dr Nieranjan Dissanayake President RCS
8.45 - 9.10 am	Clinical reasoning: from bedside to AI	Prof Saroj Jayasinghe Emeritus Professor of Medicine
9.10 - 9.30 am	NCD: an overview	Hypertension Dr Kumudini Jayasinghe Specialist in Internal Medicine
9.30 - 9.50 am		A guide to management of dyslipidaemia Dr Priyamali Jayasekara Specialist in Internal Medicine
9.50 - 10.00 am	Q&A	
10.00 - 10.30 am	Tea	
10.30 - 10.50 am	How to approach	Headache Dr Julian Rajendra Specialist in Internal Medicine
10.50 - 11.10 am		Vertigo Dr Mahinda Kumarasinghe Specialist in Internal Medicine
11.10 - 11.30 am		Pleural effusion Dr Nieranjan Dissanayake Consultant Chest Physician
11.30 - 11.40 am	Q&A	
11.40 - 12.00 pm	Acute medicine	POCUS at the acute medical unit Dr Prasad Siriwardhana Specialist in Internal Medicine
12.00 - 12.20 pm		Acute decompensated heart failure Prof Namal Wijesinghe Professor of Medicine
12.20 - 12.40 pm		Sepsis Dr Ganaka Senaratne Specialist in Internal Medicine
12.40 - 12.50 pm	Q&A	
12.50 - 13.15 pm	Palliative care	Beyond cancer Dr Udayangani Ramadasa Specialist in Internal Medicine
13.15 - 13.20 pm	Closing remarks	
13.20 pm onwards	Lunch	

**RESEARCH GUIDE - 16<sup>TH</sup> MARCH 2023 | Ratnapura**

**MEET THE EXPERTS IN RESEARCH**  
One to one advise & guidance in scientific research

10.15 - 10.45 am Pre registration is required. Contact: 076 845 3151

**PANELISTS:** Prof Saroj Jayasinghe / Prof H M M Herath

**PUBLIC FORUM - 15<sup>TH</sup> MARCH 2023 | Ratnapura**

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**POC USS WORKSHOP - 15<sup>TH</sup> MARCH 2023 | Centuria Hotel, Ratnapura**

**POINT OF CARE SONOGRAPHY  
IN INTERNAL MEDICINE (PCSIM)**



7.00 - 9.00 pm USS skills sharing session for Specialists in Internal Medicine. Invitees only.

**SKILLS AREA:** Cardiac / Lung USS / Abdomen USS / Vascular

**PANELISTS:** Prof Namal Wijesinghe / Dr Ganaka Senaratne / Dr Krishantha Jayasekara  
Dr Chaminda Kottage / Dr Jagath Pushpa Kumara / Dr. Prasad Siriwardhana

**NURSES PROGRAMME - 16<sup>TH</sup> MARCH 2023 | PDHS office Auditorium**

TIME	TOPIC	RESOURCE PERSON
8.00 - 8.15 am	National anthem, Lighting oil lamp & Welcome speeches Dr. Kumudini Jayasinghe President SLCIM	Dr Nieranjan Dissanayake President RCS
8.15 - 8.45 am	Management of AMI & HF	Prof Namal Wijesinghe
8.45 - 9.15 am	Identifying critically ill	Dr Bandusiri Rathnayake
9.15 - 9.45 am	Communication	Dr Ganaka Senaratne
9.45 - 10.15 am	Managing a dengue patient	Dr Prabashini Kumarihami
10.15 - 10.45 am	Tea	
10.45 - 11.15 am	Inhaler therapy	Dr Deeptha Wickramaratne
11.15 - 11.45 am	Insulin therapy	Dr Yapa Udaya Kumara
11.45 - 12.15 am	Oxygen therapy	Dr Jagath Pushpakumara
12.15 - 12.20 pm	Closing remarks	
12.20 pm onwards	Lunch	
<b>INFORMATION:</b>	Ms. Kamani (CNO) - 077 1022176	

